



2018 1

地址：C
電話：2422 8526
電郵地址：LLhkfnc@LLhome.org
中心網址：www.LLhome.org

中心開放時間：
星期一至五：上午 8:45~下午 5:30
星期六：上午 8:45~下午 1:00
午膳時間：照常開放
星期日及公眾假期休息

給親愛的老友記：

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.



/		30
	40	
	50	

1.	
2.	
3.	
4.	
5.	

- 1. https://www.consumer.org.hk/vs_chi/shopping_guide/products/warmer.html
- 2. http://hk.on.cc/hk/bkn/cnt/lifestyle/20161129/bkn-20161129180445815-1129_00982_001.html
- 3. <https://www.chp.gov.hk/tc/static/100063.html>



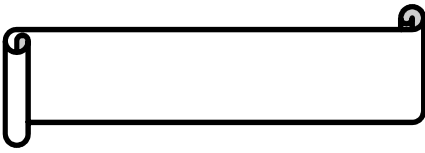
	✓	✓	✓
	✓	x	x
	x	x	x
	✓	✓	✓
	✓	x	x
	x	x	x
✓			
x			

()
 ()
 ()
 ()
 ())
 ())
 ())
 ())
 ())
 ())

	1	4	8	24	31	
		10:00-			12:00	2:30-4:00
		()				
1.	70					
2.						()
3.						()
4.)
5.						

	1	2	1	30	()
		9:15		12:00	2:00 4:00
		()			
1.					
2.					
		()		()	
		()		()	()

.....



	\$100 \$15	\$210	\$210
	/		1,500 1GB

1.	
2.	65 60-64
3.	

2952 1856 / 2952 1879



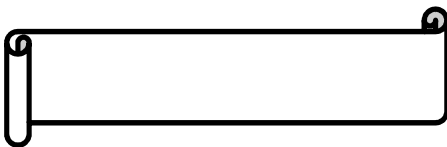
	B174/18	1 20 ()	11:30-1:00
	C061/18	1 16 ()	2:30-3:45
	B164/18	1 16 ()	3:00-3:30
~	A061/18	1 8 15 22 2 5 ()	11:30-7:30



4

/	/	1 11 () 9:00
60		1 12 () 9:00

2018 2 6 ()	9:15 /	230
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-		1 2 31 ()	2:30-4:00	MyTV Super
		1 6 27 ()	10:00-11:30	
-		1 2 31 ()	4:00-5:00 ()	MyTV Super
		1 8 29 ()	2:00-2:30	()
-		1 4 18 25 ()	9:30-10:00	()
-		1 3 31 ()	9:30-10:00	()
A071/18		1 6 27 () 12 23	9:15-10:15	()
A070/18		1 16 30 ()	9:30-11:30	()
B195/18		1 18 ()	2:30-4:00	()



1.					1	3
	1 10 1 17 () 1:00					
	1 27 () 12:00-12:30					
2		1 2				
3			-			1
	12			60	3	1
				2427 9824		
4.						
				1		
5.						
6.						

身心健康活動

+ B186/18

1	17	()	9.30-11:00



\$2 ()
\$10 ()
(1 2)

1. 10.45
2
2

B185/18

1 30 ()
2:30 3:30
(1 2)

40



B199/18

1 23 ()
2:30 4:00
()



2)

...

14

C065/18	1	29 ()	2:20-4:40

()

8 (20)



C063/18

1 12 ()
9:15 ()
()



35

1.

2

B183/18

2018 2 13 ()
3:00-3:30
(1 2)

40

\$3

\$10



身心健康活動

請自備食具(筷子、
叉或匙羹)，謝謝！



C062/18

1 2 1 31 ()
 11:50
 (1 2)
 60 /
 / \$3
 48

1.
2.

3.
4.
5.

1

3

1.

(24/1)

5-10

2.

\$30

11

\$30

\$30

3.

2

1.

1

17

19

2.

1

19

()

4:00

3.

1

20

()

4.

1

24

()

9:00

1

25

()

9:00

身心健康活動

A062/18
 2018 1 4, 18 2 1, 22 ()
 10:00-11:00 ()
 (1 2)

\$25 \$60
 16
 2 15



現已接受登記

	B (B192/18)	C (B193/18)
	1 26 ()	2 23 ()

8:45-11:00
 (1 2)

/
 30 ()
 1.
 2.
 3.
 4.



	B0190/18 ()	B0189/18 ()	B0191/18 ()
	1 25 ()	1 31 ()	2 27 ()
	9.30	1:30	9.30
	10:00-11:30	2:00-3:30	10:00-11:30
	() - ()		
	1.	1.	1.
	2.	2.	2.
		3.	
	12		
	1.		
	2.		



A068/18

1 1 1 17 ()	1:00 4:00		2
2 14 3 14 ()	1:30 3:00	()	

60



A058 /18

2018 1 3 2 28 (/ 8)

2018 1 24

3:00 4:15

(1 2)

OK

\$160

\$200

20

Ukulele

A065/18

2018 , 13, 2 3, 24, 3 3, 10, 17 24 / 8

10:30-11:30

(1 2)

1.

2

/

\$80

\$120

25

1.

2



社交及康樂性活動

OK B187/18

1 26 ()
 2:30 4:30
 (1)

\$2
 6 ()

- 1.
- 2.
3. 20

OK



OK B188/18

1 25 ()
 1 - 2:00 3:30/ 2 - 3:30 5:00
 (1)

\$2
 8 ()

- 1.
- 2.
- 3.

OK



B204/18

+
 1 20 ()
 10:15
 1:30

()

.....

1. (2017-2018)
- 2.
- 30

社交及康樂性活動

2018 B205/18

+ 1 27 ()
10:00
1:45

(1C)
10:50
12:30-1:45



12:00-12:30

1:45

/ \$30 \$60

48

1.

2

91

3

4.

5

\$5

B194/18

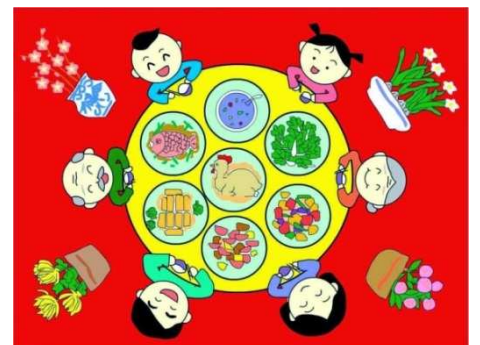
2 1 ()
3:00-3:30
(1 2)



40

B197/18

2 9 ()
10:00
(1 2)
()



/ \$100 \$220

96



社交及康樂性活動

B184 /18
 3 16 ()
 2:30 4:00
 (1 2)
 2018 2 3
 \$10 \$20
 /
 30



B196/18
 3 23 ()
 9 30
 4 30
 \$120 \$200
 1.
 2 91
 3.
 4.
 56 \$5



隱蔽或極需要照顧長者外展服務

60
 1. 2
 3. 4.
 4.



護老者支援服務

(C066/18)

/			*
60	2	\$40 \$100	1

- *
1. \$10
2. 7
3.

C066/18



\$20



\$10

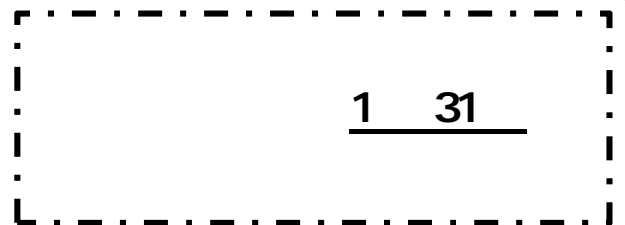


\$100

*

C064/18

2 13 ()
2:30 3:30 < >
()
(800)
/



\$90
\$90
\$125



義工發展及服務

B201/18

-	
1	24 ()
	9:30- 11:00
	(1 2)
	()



B200/18

~	
1	17 ()
	9:30- 10:30 ()
	10:30- 12:00 ()
	12:00- 1:00 ()
	1
	()
	-

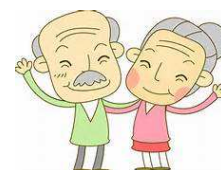
/

C067/18

60
1.
2
1.
2
3

\$20

14



	1	2	3	4	5	6
		9:00	9:00 9:30	9:30 10:00 10:00	9:00	9:15 10:30 Ukulele
		2:00	2:00 3:00	2:00	2:00	
7	8	9	10	11	12	13
	9:30 9:30	9:15 11:00	9:30 9:30	9:00	9:00 9:15 10:00	9:15 10:30 Ukulele
	2:00 2:30 2:30	2:30 4:00	1:00 2:00 3:00	2:30	2:00	
14	15	16	17	18	19	20
	9:30	9:00 9:30	9:30 9:30 9:30 +	9:00 9:30 10:00	9:00	9:15 10:15 11:30
	2:00 2:30	2:00 2:30 3:00	1:00 3:00	2:00 2:30	2:30 SOS	
21	22	23	24	25	26	27
		9:00 9:30	9:30 9:30 9:30	9:00 9:30 9:30 ()	8:45 B 9:00	9:15 + 10:00
	2:00 2:30	2:00 2:30	10:00 2:00	2:00 2:00 OK 3:30 OK	2:00 2:30 OK	
28	29	30	31	1/2	2/2	3/2
		9:00 9:30	9:30 9:30 10:00	9:00 9:30 10:00	9:00	9:15 10:30 Ukulele
	2:00 2:30 2:45	2:00 2:30	1:30 () 2:00 2:00 3:00	2:00 3:00	2:00	